

ABSTRACT

SHINTA ASWIN RAHMAN. Relationship between Knowledge Level and Visits to Posyandu for the Elderly in Payunga Village, Batudaa District. Supervised by ROSMIN ILHAM as chairman and HAMNA VONNY LASANUDDIN as member.

The Integrated Service Post (Posyandu) for the elderly is a forum for health services for the elderly. Whether or not the elderly visit the posyandu regularly can be influenced by the knowledge of the elderly. The aim of this research was to determine the relationship between knowledge and visits to elderly posyandu in Payunga Village, Batudaa District. Analytical survey research design with a cross sectional study approach, an elderly population of 106 elderly people, a sample size of 52 people using accidental sampling technique. The research results showed all respondents had a low level of knowledge, visits to the posyandu were categorized as irregular as many as 16 respondents (30.8%). Respondents whose level of knowledge was quite comparable between regular visits to posyandu were 10 respondents (19.2%) and irregular visits were 10 respondents (19.2%). Respondents whose knowledge level was good, the majority of visits to posyandu were categorized as regular, 12 respondents (23.1%) and irregular, 4 respondents (7.7%). The results of the chi-square statistical test obtained a p-value of 0.000 ($\alpha < 0.05$). The conclusion is there is a relationship between the level of knowledge and visits to the elderly posyandu in Payunga Village, Batudaa District. Thus, it is hoped it can provide health education for the elderly in Payunga Village regarding the importance of the elderly posyandu in the development of elderly health.

Keywords: Elderly, Knowledge, Posyandu.

ABSTRAK

SHINTA ASWIN RAHMAN. Hubungan Tingkat Pengetahuan dengan Kunjungan Ke Posyandu Lansia Di Desa Payunga Kecamatan Batudaa. Dibimbing oleh ROSMIN ILHAM sebagai ketua dan HAMNA VONNY LASANUDDIN sebagai anggota.

Pos Pelayanan Terpadu (Posyandu) lansia merupakan suatu wadah untuk pelayanan kesehatan lansia, teratur tidaknya kunjungan lansia ke posyandu dapat dipengaruhi oleh pengetahuan lansia. Tujuan penelitian ini untuk mengetahui hubungan pengetahuan dengan kunjungan ke posyandu lansia di Desa Payunga Kecamatan Batudaa. Desain penelitian survey analitik dengan pendekatan *cross sectional study*, populasi lansia sebanyak 106 lansia, jumlah sampel 52 orang menggunakan tehnik sampling *accidental sampling* dalam penelitian ini. Hasil penelitian diperoleh semua responden yang tingkat pengetahuannya kurang, kunjungan ke posyandu dikategorikan tidak teratur sebanyak 16 responden (30,8%). Responden yang tingkat pengetahuannya cukup sebanding antara kunjungan ke posyandu yang teratur sebanyak 10 responden (19,2%) dan tidak teratur sebanyak 10 responden (19,2%). Responden yang tingkat pengetahuannya baik mayoritas kunjungan ke posyandu dikategorikan teratur sebanyak 12 responden (23,1%) dan tidak teratur sebanyak 4 responden (7,7%). Hasil uji statistik *chi-square* didapatkan nilai *p-value* 0,000 ($\alpha < 0,05$). Kesimpulan ada hubungan tingkat pengetahuan dengan kunjungan ke posyandu lansia di Desa Payunga Kecamatan Batudaa. Sehingga, diharapkan dapat memberikan penyuluhan kesehatan bagi lansia di Desa Payunga mengenai pentingnya posyandu lansia terhadap perkembangan kesehatan lansia.

Kata Kunci: Lansia, Pengetahuan, Posyandu.