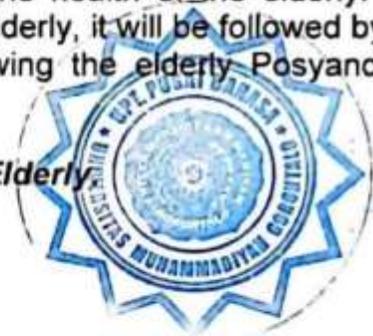


ABSTRACT

APRILA DELANY BASRI. The Relationship between Family Support and Visits to the Elderly Posyandu in Ulapato A Village. Supervised by ROSMIN ILHAM as a chairman and HAMNA VONNY LASANUDDIN as a member.

The impact of the increase in the number of elderly is the existence of particular problems that include the ongoing aging process, which results in the emergence of physical problems, namely the health of the elderly. Family support is an effort to prosper the elderly through recommendations to the elderly Posyandu to control the health of the elderly. This research aimed to determine the relationship between family support and visits to the elderly Posyandu in Ulapato A village, Telaga Biru sub-district. This research design is quantitative, with an analytical survey through a cross-sectional approach. This research was conducted in Ulapato A Village, Telaga Biru District. The population was 178 elderly, with a sample of 64 people. The results showed good family support for 41 respondents (64.1%), while less as many as 23 respondents with (35.9%), irregular category elderly visits amounted to 42 respondents (65.5%), while regular visits were 22 respondents with (34.4%). The results of the chi-square analysis test obtained a p-value $< \alpha$ 0.05. This research concludes that there is a relationship between family support and visits to the elderly Posyandu. The existence of this study is expected to increase and improve family knowledge and awareness about the importance of maintaining the health of the elderly. The higher the form of family support and care for the elderly, it will be followed by the elderly's trust so that they are obedient in following the elderly Posyandu in checking their health.

Keywords: *Family Support, Visit to Posyandu, Elderly*



ABSTRAK

APRILA DELANY BASRI. Hubungan Dukungan Keluarga Dengan Kunjungan Ke Posyandu Lansia Di Desa Ulapato A. Dibimbing oleh Rosmin Ilham sebagai ketua dan Hamna Vonny Lasanuddin sebagai anggota.

Dampak dari peningkatan jumlah lansia adalah adanya permasalahan khusus yang mencakup berlangsungnya proses menua yang berakibat pada timbulnya masalah fisik yaitu kesehatan lansia. Dukungan keluarga merupakan upaya mesejahterakan lansia melalui anjuran ke posyandu lansia agar dapat mengontrol kesehatan lansia. Tujuan penelitian ini untuk mengetahui hubungan dukungan keluarga dengan kunjungan ke posyandu lansia di desa ualpatto a kecamatan telaga biru. Desain penelitian ini adalah penelitian kuantitatif dengan survey analitik melalui pendekatan *Cross sectional*. Penelitian ini dilaksanakan di Desa Ulapato A Kecamatan Telaga Biru. Jumlah populasi 178 lansia dengan sampel sebanyak 64 orang. Hasil penelitian menunjukkan dukungan keluarga baik 41 responden (64,1%), sedangkan kurang sebanyak 23 responden dengan (35,9%), kunjungan lansia kategori tidak teratur berjumlah 42 responden (65,5%), sedangkan kunjungan teratur sebanyak 22 responden dengan (34,4%). Hasil uji analisis *chi-square* didapatkan nilai *p-value* < α 0,05. Kesimpulan pada penelitian ini adalah ada hubungan antara dukungan keluarga dengan kunjungan ke posyandu lansia. Adanya penelitian ini diharapkan dapat menambah dan meningkatkan pengetahuan dan kesadaran keluarga tentang pentingnya menjaga kesehatan lansia. Semakin tinggi bentuk dukungan serta kepedulian keluarga terhadap lansia maka akan diikuti oleh rasa percaya lansia sehingga patuh dalam mengikuti posyandu lansia dalam memeriksakan kesehatan.

Kata Kunci: Dukungan Keluarga, Kunjungan Ke Posyandu, Lansia