

## ABSTRAK

*YUNITA MOOTALU. The Relationship between Elderly Motivation and Visits to Posyandu in Ulapato A Village, Telaga Biru District, Gorontalo Regency. Supervised by Rosmin Ilham as first supervisor, Dewi Modjo as second supervisor.*

*Elderly or also known as aging is a condition that occurs in human life. Aging is also said to be a process of slowly disappearing the ability of the tissue in the body to repair itself or replace and maintain its normal function. The purpose of this study was to determine the relationship between elderly motivation and visits to posyandu in Ulapato A Village, Telaga Biru District, Gorontalo Regency. This research method is a quantitative research with a cross-sectional research design. The population in this study were all elderly living in Ulapato A village, totaling 178 elderly. The number of samples is 64 elderly using Accidental sampling technique. The statistical analysis used is the Chi-Square test. The results showed that 23 people (35.9%) had good motivation and 41 people (64.1%) had less motivation. While the elderly with good visits to posyandu were 22 people (34.4%) and less visits to posyandu were 42 people (654.6%). As well as getting the chi square calculated value > chi square  $p = 0.000 < 0.05$ , then  $H_a$  is accepted, so it can be concluded that there is a relationship between the motivation of the elderly towards visiting the elderly to the posyandu in Ulapato A Village, Telaga Biru District. Conclusion: There is a relationship between the motivation of the elderly and visits to posyandu in Ulapato A Village, Telaga Biru District, Gorontalo Regency. Suggestions for health workers in Ulapato A Village must improve so that they can provide education related to posyandu for the elderly and can motivate the elderly.*

**Keywords:** *Elderly Motivation, Visit to Posyandu*

## ABSTRAK

YUNITA MOOTALU. Hubungan Motivasi Lansia Dengan Kunjungan Ke posyandu Di Desa Ulapato A Kecamatan Telaga Biru Kabupaten Gorontalo. Dibimbing oleh Rosmin Ilham sebagai ketua, Dewi Modjo sebagai anggota.

Lanjut usia (Lansia) atau dikenal juga dengan menua merupakan suatu keadaan yang terjadi dalam kehidupan manusia. Menua juga dikatakan sebagai suatu proses menghilangnya secara perlahan-lahan kemampuan jaringan untuk memperbaiki diri atau mengganti dan mempertahankan fungsi normalnya. Tujuan Penelitian ini untuk mengetahui Hubungan Motivasi Lansia Dengan Kunjungan Ke posyandu di Desa Ulapato A Kecamatan Telaga Biru Kabupaten Gorontalo. Metode penelitian ini merupakan penelitian kuantitatif dengan rancangan penelitian adalah cross sectional. Populasi dalam penelitian ini adalah semua lansia yang tinggal di desa Ulapato A berjumlah 178 lansia. Jumlah sampel sebanyak 64 lansia dengan menggunakan tehnik Accidental sampling. Analisa statistik yang digunakan adalah uji Chi-Square. Hasil penelitian menunjukkan bahwa motivasi baik sebanyak 23 orang (35,9%) dan motivasi kurang sebanyak 41 orang (64,1%). Sedangkan lansia dengan kunjungan ke posyandu baik sebanyak 22 orang (34,4%) dan kunjungan ke psoyandu kurang sebanyak 42 orang (654,6%). Serta di dapatkan nilai nilai chi square hitung > chi square  $p=0.000 < 0.05$ , maka  $H_a$  diterima, jadi dapat disimpulkan bahwa terdapat hubungan motivasi lansia terhadap kunjungan lansia ke posyandu di Desa Ulapato A, Kecamatan Telaga Biru. Kesimpulan: Terdapat hubungan antara motivasi lansia dengan kunjungan ke posyandu Di Desa Ulapato A Kecamatan Telaga Biru Kabupaten Gorontalo. Saran Bagi petugas kesehatan di Desa Ulapato A harus meningkatkan agar dapat memberikan edukasi terkait posyandu lansia dan bisa membangkitkan motivasi lansia.

**Kata Kunci:** *Motivasi Lansia, Kunjungan Ke Posyandu*

