THE BEHAVIOR OF ALYSSA IN NOVEL "DRY" BY NEAL SHUSTERMAN & JARROD SHUSTERMAN (A STUDY BURRHUS FREDERIC SKINNER'S PSYCHOLOGY)

Sirikit A. Usman[1] (Corresponding Author)
sirikitvan.a@gmail.com
Universitas Muhammadiyah Gorontalo
Moon Hidayati Otoluwa[2]
otoluwamoonhidayati@gmail.com
Universitas Negeri Gorontalo
Dahlia Husain[3]
Dahliahusain@umgo.ac.id
Universitas Muhammadiyah Gorontalo
Ana Mariana[4]
anamariana@umgo.ac.id
Universitas Muhammadiyah Gorontalo

Abstract

Skinner in his study rejects the personal form from an internal point of view because it is speculative. Therefore everything is due to the influence of the environment, especially regarding reinforcement and punishment. The researcher uses the novel "Dry" by Neal Shusterman & Jarrod Shusterman as one of the research materials where the focus is on the character Alyssa as the focus of research. The purpose of this research is to get Alyssa's behavior from stimulus and response based on Burrhus Frederic Skinner's psychological study. The type of method used is content analysis which is relevant to the type of research, which is qualitative. The results found 17 stimuli that contain reinforcement and punishment and 17 responses based on stimuli that have been recorded. In conclusion, based on the stimulus and response seen, Alyssa has a clever behavior, obedient to parents, can be cooperated with, optimistic, able to lead, alert, forgiving, protecting, fighting others, stealing, violence and indifference

Keywords: Stimulus, Response, Reinforcement, Punishment,and Behavior

A. INTRODUCTION

Novels were in the form of oral stories where the stories were spread by word of mouth and then their form changed to writing when humans were good at writing. Most novels are works of fiction, having a plot, setting, theme, and point of view. One very important element in the novel is the character. According to Marquab

(Warsari, 2020) that the characters, especially the main character, are always the center of the reader's attention. according to Abrams (Abrams & Harpham, 2009) Characters in a story are people who appear in a narrative work, or drama, which the reader interprets as having certain moral qualities, intellectual and emotional qualities by inferences from what they speech and what they do the action. Therefore researcher interested in examining the behavior of characters in one of the literary works, namely the novel entitled "Dry" created by Neal Shusterman & Jarrod Shusterman. One of the main characters who has to face the drought in this novel is Alyssa. Alyssa is described as a protagonist. The problems faced by Alyssa can be a manifestation of a form of personality. Through what actions she displays.

Personality in psychology can be examined through many schools, one of which is behavioral psychology. psychology was not limited to just the problem of the spirit. According to Mussen and Rosenzwieg (1975) psychology used to be defined as the study of mind but in its development the word 'Mind' turned into behavior so that it was defined as the study of human behaviour, While Woordworth and Marquis (1957) define psychology as a science that studies the activity or behavior of individuals with the surrounding nature(Amin, 2016). Behaviorisme, Stimulus and response play a role in the formation of individual behavior in events that occur in life. Stimulus in behaviorism, the external agent is referred to as the stimulus (Skinner, 1965). Skinner (in koeswara, 1991) tells that behavioral theory must understand the link between human behavior and antecedents or an event that occurs in the environment. Skinner study said that people's behavior can be controlled based on where they person lives (Hjelle & Ziegler, 1992).Thus something speculative cannot be used as a benchmark, it is the environment that influences individual behavior. Reinfocement related to this, Skinner said that if a is something given to the condition of the individual increase the probability of the behavior occurring, that called positive reinforcement.

Then there is negative reinforcement, which is removing something to increase the response simply, or negative reinforcement, which is an unpleasant or unpleasant thing to increase the expected response (in Semium, 2020; Skinner, 1965). In addition to reinforcement in Skinner's theory, there is punishment in individual behavior. , positive punishment is there to attract or eliminate an unwanted behavior for example: like a parent who hits a naughty child, or 10 years in prison for someone who commits a crime. (Haryanto, 2020; Semium, 2020). is negative punishment, this stimulus removes the pleasant thing in other words, the positive stimulus is taken away or eliminated then the behavior is reduced or does not appear (Dayih et al., 2021)

In addition, there is Skinner's theory that behavior is a mechanism based on operant conditioning (determining way of working). An individual will always be in the process of "doing something" to the environment. Which in the daily sense means that he lives in the world, which does what is required by his nature (Boaree, 2017). Then about response In other behaviorists, Dollard and Miller (in Alwisol, 2019) Meanwhile, according to Skinner, individual behavior is obtained through reinforcement, either positive or negative, and he calls it operant behavior. This behavior is emitted, namely the response appears to answer an unknown stimulus but suppresses the response so that it can occur (in Jaarvis, 2019 Alwisol, 2019) For example, all individual actions are always rewarded so that they can improve, clarify and even repeat, then operant behavior will emerge after reinforcement occurs, then punishment as any stimulus so that individual responses are left behind (in Dayih et al., 2021)

With this background researcher aim to describe the behavior of the Alyssa found in the story in the novel "Dry" by Neal Shusterman & Jarrod Shustermans explained through on stimulus and respon use on of B,F Skinner’s Study

B. RESEARCH METHOD

The type of research used in this study is qualitative. Creswell emphasized that qualitative was focused on the description of the data. The term shortage of literature in qualitative has similarities with the care, exposure, description and interpretation (Ahmadi, 2019). The data source is the subject from which data can be obtained in this study, there are two types of data used, namely primary and secondary data. primary data is obtained from the novel "Dry" by Neal Shusterman & Jarrod Shusterman. For Secondary Data are two journals related to the research already done on the research on the novel. To collect data on this study, researchers used library research techniques. This relates to books, literature or record notes(Sugiarti et al., 2020). Also data analysis technique use content analysis, According to Weber, content analysis is a research method using a set of procedures to make valid inferences.Meanwhile, Rahmat Kriyanto thinks that content analysis is a systematic technique for analyzing a message or a tool for observing and analysing the content of open communication behavior of selected communicators. Therefore the research is intended to get a picture of the content as it is without the researcher's intervention (Ahmad, 2018; Eriyanto, 2011)

C. RESEARCH FINDING AND DISCUSSION

Stimulus

Data 01

He wipes his mouth with his shurt,knowing I'll comment.But I don't bother because I see something. Just Past the froxen Vegetables and ice cream,There's a chest packed with ace.Enermous Bags of it. I can't belive people are such limited thinkers that they haven't thought of this Themselves!Or maybe they have,but denied that they could possibly be so desperate.(Page 13)

Skinner rejected internal. In this data, the researcher indicates that panic buying is a stimulus. The indication of reinforcement that she found an ice chest makes good hope. Speaking of hope in psychology, hope is used as a driver to achieve goals. due to the impact of the water shutdown and she saw the remaining ice as hope in the midst of the struggle for water at the grocery store.

Data 02

As soon as I walk in the door Mom puts me to work,as expected.She hands me an empty Pitcher."Get some water for the table." A simple Request that Suddenly Feels like I've been charged with sacred duty(page 38)

The researcher found that the mother's stimulus was something she told her indirectly by offering water to Alyssa.concept positive reinforcement, It is not only about giving physical gifts but also about giving pleasant thing, that causes her to do it right. the mother's order not something ordinary, but became something special for Alyssa.

Data 03

This morning Dad has taken the liberty of delegating task through passive-aggressive Post-it notes hidden like easter eggs all over the house.One on the fridge reads,"Six xups of water per day!" Another on our shower reads,"Dry bathing only"which consists of shower gel and paper towels.But I think the worst one of all is the "Clean me Please" post-it just above the toilets"(page 54)

Positive reinforcement is intended to require a stimulus to make behavior likely to be desired. Post-it notes, or what is often called sticky notes made by fathers, can be their reinforcers visually to remind them what Alyssa has to do at home. Examined in terms of behavior, fathers take advantage of the use of Post-it notes to inform information carried out during the drought and show activities that Alyssa must do.

Data 04

Two heads are better than one," he says. "and it's really not good idea for you to be on your own right now.This things might look quiet,but it's always that way right before storm." Scratch human being thing."that's okay,Kelton.You don't have to come."That cost of borrowing my dad's bike is letting me come with you." He's not mincing words any more than I am and clearly,he's not negotiating(page 59)

The stimulus is dis disappearance of Garret from house. Kelton's form of helping Alyssa plus himself volunteering to come along with is a form of positive reinforcement. with positive reinforcement from Skinner that Alyssa gets a positive reinforcement stimulus from Kelton who offers to help in Alyssa's precarious situation.

Data 05

I'm sure they're fine," I tell her. "the lines must be massive,and getting back might take a lot longer than going."(page 86)
" I told you,their phones are probably dead," she telss her brother."mom's phone never holds a charge long,and you know how Dad's always forgetting to charge his."
"Also," I suggest,"it could be system overload.Cellular frequencies get jammed in densely populated situations"
"like at concert!" Alyssa says,unable to hold back a wave of relief(page 87)

In the case of this findings, Affirmation is included in the verbal form of reinforcement whose purpose is to make individuals behave. Verbal will be closely related to language as said by Propper, one of the functions of language is stimulus. Kelton gave Alyssa positive reinforcement in the form of positive prejudice thus she could be optimistic. the researcher considered this positive reinforcement that caused her to be more positive from the point of view of psychology and communication language. The verbal of Kelton's positive assumption can be said to be a stimulus to continue to be optimistic.

Data 06

"I start stuffing half-litter bottles into the pack. I'm able to fit on ly then in. Then I freeze,suddenly realizing that I'm not alone. Kelton's mom stands in the doorway. Caught I stammer,trying to come up with some kind of explanation,because I know how bad this must look—but Mrs.McCracken's face softens offers a light, encouraging smile.(page 152)

The stimulus is Alyssa need water to take at association meetings. Mrs. Kelton provides positive reinforcement. Giving a smile can reinforce the lousy action even more. Positive reinforcement with a smile as a pleasant stimulus. There is no sign of removal for Alyssa's actions

Data 07

"who put you in charge?" I challenge,but with the house being stripped bare all around us,it's not like staying in much of an options—and if that bug-out thing will now be more than available,we're going to need Kelton to show us how to get there,in sum she's right,and I hate that (page 169)

One of the reinforcements is recognition. Indirectly signals that Jacqui recognizes Alyssa's right actions in the matter of leadership in that situation even though in her heart there is a dislike. With the concept of positive reinforcement, the analysis of the researchers classifies this data into positive reinforcement.

Data 08

“don’t think about it,” Alyssa says. “We just walk,and keep on walking.Even after we feel like we can’t,we just keep on walking.” (Page 351)

They need walk to find water is the stimulus. Alyssa providing support and encouragement to their group to keep walking towards the reservoir is a form of positive reinforcement.

Data 09

He says “why don’t you take a bag of ice for yourself,and I’ll keep the rest.’’ For a moment I think he’s joking,but the I realize he’s dead serious. Excuse me?”.He manucfactures a heavy sigh “you’re right,that really wouldn’t to be fear to you. Tell you what,why don’t we split it down thn the middle?I’ll take it half,you half.” He says it like he’s being generous.As if the ice is his to give.He’s still smiling,but his eyes scare me. (Page 14)

The man worked as a stimulus, Negative reinforcement works in this case,communication with the man is not pleasant for Alyssa. drought conditions which cause water stocks to run out easily and then he sees Alyssa who is a child and he is an adult Hence here creates an opportunity in narrowness.

Data 10

“You’ve always been a klutze!Do you have any idea what you just did?” But instead of coming back with another defense,his face constricts,his eyes take on a shinny squint,and tears begin to seep out,his body giving way to hopelessness. My sisterly conscience kicks in and I’m suddenly wishing could tak back my words. “I’m sorry,” he says through snivels,burying his face in his hands. “it’s okay,” I tell him,(page 56)

Alyssa received a negative antecedent, her sister felt very guilty and gave an expression that wanted to cry. This becomes a form of negative reinforcement. As a result, avoid stimuli from her sister she regretted and apologized to her sister. Skinner's theory that negative reinforcement works as a stay away from the unpleasant stimulus.

Data 11

I can see the truth of the situasion.They aren’t playing.they pushing around old man, who’s maybe in his sixties.it’s three on one and he’s helpless to defend himself. Without thinking it through,I jump off bike my hand curried into fists and marching toward them. “Alyssa wait,” Kelton calls,but I’m already committed. “Hey!” I yell. “what do you think you’re doing?”(Page112)

Alyssa accindently saw group of children near lagoon bioskop .The researcher

considers that Alyssa sees the mistreatment of the old man as negative reinforcement in the concept of skinner negative reinforcement is something unpleasant, so she want help the man.

Data 12

"we're w water," I tell him. "it'll be okay."
"but… but I can't get up. I can't move." (page 341)
"who are you?Where's Benji?Where's kyle?"
"They…they sent me in," I tell her.:They sent me for water." Her suspiscion grows. "They got all the water already in the cooler! Who are you?" She ask again.(page 344)

Researcher analyzed the urgent situation of Garret, his brother who started dying because of the water, Secondly, when he entered the woman's tent, he lied, and the woman became suspicious. The researcher included these two reasons as negative reinforcement.

Data 13

"last week I would have called your house bizzare," she admits,"but now I think it's pretty incredible." She meets my eyes."thanks.For everything for putting yourself on the line backthere so we could stay(page 145)

In this case it leads to positive punishment where she removes the presumption that says they are strange. The concept of positive punishment in the previous chapter, that if individuals make an unpleasant response is useful in undermining the response. From the data on the fact of the state of Kelton's house after he saw it undermined Alyssa's prejudice

Data 14

"I'm sorry Kelton," Alyssa says. "it sucks." And that just makes him go psycho. "sucks?No,Alyssa.Failing a midterm sucks.dropping your phone in water sucks.My father just shot my brother in the chest and I watched him die! Don't insult me by saying that it sucks!" (page.175)
"I hit you Kelton," Alyssa says. "I had to—you were about to kill stu leeson. (page 175)

Researcher assess Alyssa's actions as a form of positive punishment to keep Kelton away from actions that might get worse. Accordance with the purpose of reinforcement to control behaviour.

Data 15

I snap out of it at the sound of alyssa's vpice and release henry's throat,grateful that she was there to make the right decision for me,because I know I might not have.Henry gasps and

coughs and gasps again.. There's no fight or even flight left in him now.(page 309)

Kelton grabbed Henry Then he stopped because of Alyssa, this is where the researcher found a punishment. The purpose of punishment is one of eliminating agressive behavior.

Data 16

The woman desperately grabs the fence so tightly her fingertips turn white."you have to get some for us!". You'll do that,won't you? You'll go to gym and bring us some of that water?" There's nothing I can say to her. "please promise you'll do it.Please!"
"Alyssa,let's go" "I'msorry...," I say."I'm…I'm…Then Jacqui gets in frint of me,blocking my view of the woman and moves me backward "don't engange".She tells me."it won't help anyone,least of all you."(page.237)

Jacqui works as a negative punishment. Punishment in Skinner's theory as a type of stimulus to break down behavior. Negative punishment in skinner's perspective as a stimulus to eliminate the desired thing. . In line with the data researcher draws a continuity that the extreme situation due to drought and Jacqui pressuring alyssa not to help the woman is associated with a stimulus form of negative punishment, so as not to cause a problem later.

Data 17

I don't like this. I don't like it all, and although I know this is terrible, I begin to wish I never came here with water.These people look a lot like the kid at the beach.Their lips are white and raw. They're anxious,irritated,and their irritation Is turning on me like a spotlight.(page157)

stimulus starts when Alyssa brings the water to the association meeting, The negative punishment because Alyssa brought water at the meeting caused Alyssa to really regret the meeting because of the behavior of the adults who argued with each other then added people in her eyes irritated her.

Responses

Data 01

I open the door and reach for a bag."What are you doing? we need water,not ice". "ice is water,Einstein." I tell him. I go for a bag,and realize they're a lot heavier than I had anticipated."Help me!" Together Garret and I heave one bag of ice after other people into our cart,until it's Filed as high as it can get.(Page 13)

In this data refers to stimulus data 01, Because She got reinforcement, it is included in operant behavior. Her response was that she immediately took as much as she

could she can be more astute than other buyers

Data 02

"sure," I respond. I go to inti the downstairs bathroom and dip the entire pitcher in tub,and even a after a day, three's still some ice.As soon as I return,I pour everyone a glass"(page 38)

The response will refer to the data of stimulus data 02. The positive reinforcement effect is that the mother's order fosters a sense of responsibility for Alyssa, The positive reinforcement effect is that the mother's order fosters a sense of responsibility for Alyssa.

Data 03

"Garret and I start with the downstairs bathroom,seeing as our water is stored in the bathub adjacent to the toilet.(page 54)

From stimulus of data 03, included in the operant behavior.She did her father orders on post-it notes, this response illustrates that she is a child who obeys the orders of parents.

Data 04

"fine," I tel him. Actually,I don't really mind,considering he's officially been moved down from orange to yellow on the threat-to-my-sanity scale."(page 59)

Seen in the stimulus data number 04 researcher put the response into the operant behavior category because it was formed from reinforcement. Response to Kelton's positive reinforcement stimulus enabled the independent Alyssa to work together to solve a problem she was facing.

Data 05

"Then right know we'll just have to sit tight and hope for the best"(page 87)

Data is a response to stimulus From data number 05 researchers found findings regarding verbal reinforcement, from this data Kelton succeeded in influencing Alyssa by changing her worries into something less worrying. response shows Alyssa's optimism towards her parents' situation.

Data 06

"You can fit two more in the side pockets," she tellsme,and hands me the bottles (p152)

" I'm so caught off guard,I can't respond.Then ,without another word,Mrs McCracken steps away from the doorway and quietly disappears into another room,as if she never even saw me.(page 153)

This data also refers to stimulus of data number 6. From this data, it is evident that the effect of positive reinforcement reinforces behaviour.Both kelton's mother and Alyssa seem to support each other. As a result, she continued to steal water.

Data 07

"they left us no choice!" he says,as if it can excuse his actions. But Alyssa doesn't acknowledge it. In fact,she doesn't give him even the slightest sarisfaction of human moment.she pushes past,toward the BMW in the driveway. (Page 170)

This response is data that refers to stimulus of data 07, is the effect of the reinforcement.Alyssa's moment of lunging at the man proves she still takes charge of the situation and maintains leadership with quite a lot of risk.

Data 08

"So we stop talking. And we start walking"(page 414)

The Data based on stimulus data 08, Positive reinforcement from her to encourage them to keep heading towards the reservoir. The response obtained from this data, Alyssa can lead her group so that they do not give up on heading towards their final goal.

Data 09

"Need some help?" says a voice from behind,and before turning around I know exactly who it is.Kelton McCracken.Your not typical red-headed geek next door."sure,Kelton,we could use some help," says dads."Why don't you give Alyssa a hand?".I go to hand him the ice,but as I hold it out to him,something comes over me,and I can't seem to let go of the bag.Dad takes notice,confused by my hesitation."let him take the ice Alyssa,he says I look down to the ice in my hands and then back to Kelton,realizing I'm still sceptical about allowing people to help(Page.18)

Response is the effect after stimulus of data 09, Skinner's previous theory , Reinforcement could effect individual to repeated the response. Therefore this data came from Alyysa bad experience at Costco Grocery therefore Caused Alyysa try refuse kelton's help. Therefore because her experience she realized she was sceptical to people.

Data 10

"it's okay," I tell him,and I give him a hug—something I realize I haven't done In a long time. "we have the desalinization machines down by the beach . Mom and Dad are going to stock up, remember ?"(page 56)

The following data is a response based on stimulus data 10. The effect of negative reinforcement has the consequence that Alyssa is no longer angry with him, but rather forgives her brother's carelessness.In Skinner's theory, Alyssa's attitude is categorized as operant behavior because it is obtained through reinforcement

Data 12

"So I do somethings terrible. I slap her, I slap her hard. It makes her lose her focus,and I'm able to slip the cup from her hand.More water spills over the side. There's not much left now—an ounce,maybe enough to keep my brother alive.(page 345)

The behavior shown from the reinforcement is the effect of the reinforcement itself. This slapping response became a behavior because it was urged by the situation of not having water and saving the younger brother.

Data 13

i gove her a slanted grin."eagle scout,remember? I say.trying to get a smile out of her.It works."and anyway,I had to do something to make up for being so useless at the beach." "you waren't useless."she tells me.(page 145)

The effect punishment positive see data stimulus number 13. Skinner includes punishment to correct behavior, the existence of a Kelton figure that he sees in real life makes Alyssa no longer alert or suspect he is strange and others and begin to trust Kelton.

Data 14

" I hit you kelton," Alyssa says."I had to—you were about to kill stu lesson."
"So what?" says kelton." I wish I had! He deserves to die!They all do!"
"Trust me Kelton---you'll be glad I stopped you later."(page 175)
Kelton hardens his jaws and turn away from her (page 176)

This data also based on stimulus of data 14 The effect of Alyssa's punishment, namely hitting him unconscious, caused Kelton to be angry and upset with Alyssa. In accordance with Skinner's concept, punishment is to weaken the response that is likely to be done at a later time. This response illustrates that Alyssa is a protector

Data 15.

and I so let him go, Not because I want to, but because the orders Alyssa is giving me now are the first things she's said to me all day.(page 309)

This response is based on stimulus data number 15. Punishment is effective in eliminating an action that is not in accordance with the principles of behavior He finally let handry go, not because he wanted to but on behalf of that it was because of Alyssa's orders and indicates Alyysa has lead position in group.

Data 16

Don't engage.
How do you just walk away? And yet I do. I have to(page 237)

The following response form is the effect of stimulus data 16. the effect of Jacqui which works as a negative punishment In the previous theory of negative punishment, taking pleasant things, it causes Alyssa's Response to become indifferent or not care about that woman anymore. This also could cause Alyssa to understand that, it is not always in sate of difficulty she has to put others first.

Data 17

"We'll figure it aout.Thank oyu for the water—and I'm sorry got put in this position. It's our problem not yours."
I don't argue.I don,t even ask for the bag back.I don't care. I just want to get out of there.(page 158)

The following data refers to stimulus data number 17. The result of punishment is inividual behavior to escape from the stimulus. . In that case, the negative punishment formed Alyssa not to come to the meeting again with water. Due to the discomfort of the adults arguing over the water,she chose to leave the meeting.

D. CONCLUSIONS & SUGGESTIONS

Conclusion

Based on research on the novel entitled "Dry" from Neal Shusterman and Jarrod Susterman. By using the study of behavioral studies from Bruhuss Frederic Skinner, it can be concluded that Alyssa's behavior is astute, responsible, obedient to parents, can be cooperated with, optimistic, protective, able to be a leader, careful or vigilant,

forgiving, can break up a fight and brave. There are also behaviors that show things that actually contain inappropriate values but are done for the sake of a good thing such as stealing, another thing is that Alyssa slapped a elder woman when she was about to steal water.This behavior was considered insolent and then she hit her friend (Kelton) but with the intention of a good cause, trying to protect and there is also the behavior of trying to be indifferent or indifferent when a woman comes begging for help. . There are stimulus that make Alyssa change, such as from Jacqui making her indifferent and her dying sister making her have to slap the old woman to get the old woman's water. at least the protagonist C haracter she shows does exist if seen through the responses but also some of the responses that the researcher mentioned earlier that there are things that have changed a little, namely somewhat intersecting with the protagonist character .

Suggestions

First, the researcher recommends that research with the object of the novel "Dry" not only examine one character, but trace the four main characters in this novel hence the analysis or interpretation of this novel varies.

Second, this novel is categorized as human tragedy.There is quite a lot of issues that can be raised in this novel. The researcher suggests that similar research can be supported by behavioral correlation (stimulus-response) with a religious perspective,because researcher have not succeeded in pairing the studies used with these perspectives. Also researcher recommend for future research to enrich their analytical support with social perspectives

Third, with this study, the researcher hopes that literary studies with behaviorism psychology will enrich research with a literary psychology study approach so that further novel works can be analysed with one of them, namely behavioral studies

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