ABSTRACT

RISKAWATI R. ADIKO. *The relationship between the level of independence and the risk of falls in the elderly in Botungobungo Village, North Gorontalo Regency, Gorontalo Province. Supervised by* ***HAMNA VONNY LASANUDDIN*** *as chairman and* ***PIPIN YUNUS*** *as member.*

As people get older, they will experience the inability or difficulty to carry out activities of daily living, which will affect their level of independence and the risk of falls. This study aims to determine the level of independence and the risk of falls in the elderly in Botungobungo Village, North Gorontalo Regency, Gorontalo Province. This research design uses quantitative correlational techniques cross sectional. The population is all 85 elderly people in Botungobungo Village. A sample of 45 people was selected through the method purposive sampling. Data analysis using chi square tests. The results of the research show that the majority of elderly people are dependent on carrying out daily activities, 38 people (84.4%) and are at a low risk of falling, 23 people (51.1%). In conclusion, there is a relationship between the level of independence and the risk of falls in the elderly in Botungobungo Village, North Gorontalo Regency, Gorontalo Province. Suggestion: Families and the elderly can be given education regarding how to increase independence and prevent the risk of falls in the elderly.

Keywords: *Elderly, Risk of Falling, Level of Independence*