ABSTRACT

AYU SINTIA. Literature Study: The Effect of Family Psych education on the Ability of Families to Care for Patients with Schizophrenia. Supervised by FIRMAWATI as Chairman and HARISMAYANTI as Members.

The family's unpreparedness in caring for schizophrenic family members can cause family care abilities to be not optimal. This recurrence can be prevented and anticipated by involving the family in client care at home through the psych education given to the family. This research aims to determine the effect of family psych education on the ability of families to care for patients with schizophrenia. This type of research is literature studies, literature searches use the electronic database Schoolar, One Search and Garuda. The inclusion criteria are in the form of a period of 2016-2020, full text, Indonesian language, the subject of the schizophrenia patient's family, orginal articles and the same theme as the research objectives. The results showed that in 10 journal articles. it was found that there was a significant effect of family psych education on the family's ability to care for schizophrenic patients. It is concluded that family psych education intervention can improve the family's ability to care for family members who have psychiatric problems such as schizophrenia. Increased abilities in the form of cognitive abilities (knowledge), affective abilities and psychomotor abilities. It is recommended for families to improve their ability to care for patients with schizophrenia so that patients get care from their families at home apart from health workers, for example from the internet and books.

Keywords: Psychoeducation, Family, Schizophrenia.

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