ABSTRACT

AZIZAH OKTAVINA APRILIANI PONTOH. Literature study: Factors Influencing Consumption of Fe Tablets in Pregnant Women. Supervised by HARISMAYANTI as Chairman and ANI RETNI as Member.

One of the problems that often occur in pregnant women is anemia. The Ministry of Health has implemented a Fe tablet supplementation program as an effort to prevent and treat anemia, but the percentage of consumption of Fe fablet in pregnant women is still very low. This research aims to determine the factors that influence consumption of Fe tablets in pregnant women. Research type is literature review by using the keyword such as "consumption of tablets fe; pregnant women ", on the Google Scholar site and Indonesia One Search (IOS) and Garba Digital Reference (Garuda). Inclusion criteria in the form of publication in 2016-2020, Indonesian language, pregnant women subjects and full text, then extracted and analyzed as many as 10 literatures. The results showed that the factors that influence consumption of Fe tablets are age, education, knowledge, attitudes and family support. It is assumed that the most influential are education and knowledge.

Keywords: Age, Education, Knowledge, Attitude, Family support, Consumption of Fe Tablets.

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ABSTRAK

AZIZAH OKTAVINA APRILIANI PONTOH. *Studi literatur :* Faktor-Faktor yang Mempengaruhi Konsumsi Tablet Fe pada Ibu Hamil. Dibimbing oleh HARISMAYANTI sebagai Ketua dan ANI RETNI sebagai Anggota.

Salah satu masalah yang banyak terjadi pada ibu hamil adalah anemia. Kementerian Kesehatan telah mengadakan program suplementasi tablet Fe sebagai upaya pencegahan dan pengobatan anemia, namun persentase konsumsi fablet fe pada ibu hamil masih sanqat kurang. Penelitian bertujuan diketahuinya faktor-faktor yang mempengaruhi konsumsi tablet Fe pada ibu hamil. Penelitian berjenis literature review, pencarian literatur menggunakan kata kunci "konsumsi tablet fe; ibu hamil", pada situs *google cendekia* dan *Indonesia One Search (IOS)* dan Garba Rujukan Digital (Garuda). Kriteria inklusi berupa terbitan tahun 2016-2020, berbahasa Indonesia, subjek ibu hamil dan *full text*, kemudian diekstraksi dan dianalisis sebanyak 10 literatur. Hasil penelitian menunjukkan faktor yang mempengaruhi konsumsi tablet Fe adalah umur, pendidikan, pengetahuan, sikap dan dukungan keluarga. Diduga yang paling berpengaruh adalah pendidikan dan pengetahuan.

Kata Kunci: Umur; Pendidikan; Pengetahuan; Sikap; Dukungan Keluarga; Konsumsi Tablet Fe.