Abstrak

Dukungan keluarga merupakan aspek penting dalam asuhan keperawatan holistik, khususnya pada pasien yang dirawat di ruang (ICU) yang rentan mengalami krisis fisik, psikologis, dan spiritual. Kondisi kritis, keterbatasan komunikasi, serta lingkungan ICU yang penuh tekanan dapat memengaruhi pemenuhan kebutuhan spiritual pasien. Oleh karena itu, peran keluarga menjadi sangat penting dalam membantu pasien mencapai ketenangan batin dan makna hidup selama menjalani perawatan intensif. Tujuan penelitian : untuk mengetahui hubungan dukungan keluarga dengan pemenuhan kebutuhan spiritual pada pasien di ruang ICU RSUD Prof. Dr. H. Aloei Saboe. Penelitian ini menggunakan metode kuantitatif dengan desain analitik korelasional dan pendekatan *cross sectional*. Sampel penelitian berjumlah 30 responden yang merupakan keluarga pasien ICU, dipilih menggunakan teknik *accidental sampling*. Pengumpulan data dilakukan melalui kuesioner dukungan keluarga dan kuesioner pemenuhan kebutuhan spiritual, kemudian dianalisis secara univariat dan bivariat. Hasil penelitian : Hasil penelitian menunjukkan bahwa dukungan keluarga kategori baik sebanyak 25 responden (83,3%) dan kategori cukup sebanyak 5 responden (16,7%). Pemenuhan kebutuhan spiritual kategori terpenuhi sebanyak 22 responden (73,3%) dan cukup terpenuhi sebanyak 8 responden (26,7%). Hasil uji bivariat menggunakan uji Chi-Square menunjukkan nilai p-value < 0,05, yang berarti terdapat hubungan signifikan antara dukungan keluarga dengan pemenuhan kebutuhan spiritual pada pasien ICU. Kesimpulan: Dukungan keluarga memiliki peran penting dalam pemenuhan kebutuhan spiritual pasien di ruang ICU. Hasil penelitian ini diharapkan dapat menjadi dasar tenaga kesehatan untuk lebih melibatkan keluarga dalam perawatan pasien secara holistik, khususnya dalam aspek spiritual.

Kata kunci: Dukungan keluarga; ICU; Keperawatan; Kebutuhan spiritual

Abstract

Family support is an important aspect of holistic nursing care, especially for patients treated in the intensive care unit (ICU) who are vulnerable to physical, psychological, and spiritual crises. Critical conditions, limited communication, and the stressful ICU environment can impact the fulfillment of patients' spiritual needs. Therefore, the role of the family is crucial in helping patients achieve inner peace and meaning in life during intensive care. The purpose of this study was to determine the relationship between family support and the fulfillment of spiritual needs in patients in the ICU at Prof. Dr. H. Aloei Saboe Regional Hospital. This study used a quantitative method with a correlational analytical design and a cross-sectional approach. The sample consisted of 30 respondents, families of ICU patients, selected using accidental sampling. Data were collected through a family support questionnaire and a questionnaire on the fulfillment of spiritual needs, which were then analyzed univariately and bivariately. Results: The results showed that 25 respondents (83.3%) had good family support and 5 respondents (16.7%) had sufficient family support. Twenty-two respondents (73.3%) categorized spiritual needs as fulfilled, and eight respondents (26.7%) as moderately fulfilled. Bivariate testing using the Chi-Square test showed a p-value <0.05, indicating a significant relationship between family support and the fulfillment of spiritual needs in ICU patients. Conclusion: Family support plays a crucial role in fulfilling the spiritual needs of patients in the ICU. The results of this study are expected to provide a basis for healthcare professionals to further involve families in holistic patient care, particularly in the spiritual aspect.

***Keywords**: Family support; ICU; Nursing; Spiritual needs*

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