Abstract

This study aimed to examine the relationship between emotional maturity and forgiveness among late adolescents who had experienced romantic breakups at SMAN 1 Marisa. The study was motivated by the difficulties adolescents often face in regulating their emotions and forgiving others following the end of romantic relationships. A quantitative correlational design was employed, involving 78 eleventh-grade students who met the criteria for late adolescence and had experienced romantic breakups. Participants were selected through purposive sampling, with the sample size determined using the Isaac and Michael table. Data were collected using an emotional maturity scale based on the dimensions proposed by Singh and Bhargava (2005) and the Heartland Forgiveness Scale (HFS) developed by Thompson et al. (2005). Data were analyzed using Pearson's product–moment correlation with SPSS version 20. The findings revealed that most participants demonstrated moderate levels of both emotional maturity and forgiveness. The correlation analysis indicated a statistically significant positive relationship between emotional maturity and forgiveness ($r = 0.362$, $p = 0.001$), with a coefficient of determination of 13.1%. These results suggested that higher emotional maturity was associated with greater forgiveness among adolescents who had experienced romantic breakups. The findings highlighted the importance of emotional maturity in fostering forgiveness and provided a basis for developing interventions to support adolescents' psychological well-being. They also offered practical insights for teachers, parents, and other stakeholders seeking to promote emotional development and forgiveness among adolescents.

Keywords: *Emotional Maturity; Forgiveness; Late Adolescence; Romantic Breakups*